



Viristar
Wilderness First Responder Open Recertification

Course Schedule

Topics

Day 1 Welcome, registration, introduction
Pre-course study packet review
Patient Assessment System
Basic Life Support

Circulatory System
Respiratory System
Nervous System

Day 2 Musculoskeletal System
Dislocations
Spine Management
Wounds & Burns

Splints
Simulation

Day 3 Allergies & Anaphylaxis
Asthma
Electricity/Lightning
Near Drowning
Thermoregulation
Medical-Legal Considerations

Testing
Cleanup
Conclusion



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